# 2024 NF ADVOCACY PROGRAM



# TIPS & TRICKS FOR CREATING AWARENESS

How to increase awareness and educate others about the 2024 NF Advocacy Program and our fight to request continued federal funding for neurofibromatosis research







# THE BASICS

# **DURING ADVOCACY**

Tips & tricks for increasing awareness of the NF Advocacy Program (and neurofibromatosis!) to use while in D.C. as an advocate:

- A picture is worth a thousand words... make sure to take photos at every step of the journey!
  - Please send any photos you take as an advocate to Debbie Rinella (Marketing Coordinator) at drinella@nfnetwork.org or 773-484-0217
- Here are some ideas of when/where to take photos:
  - With your congressperson or staffer after a meeting (Make sure to ask permission to share/tag)
  - Outside of your congressperson's office, next to their nameM plate or state flag
  - During any gatherings held during NF Advocacy 2024 weM want to see those selfies and smiles!
  - In front of D.C. landmarks or important buildings, i.e. on theM steps of the Capitol, with the Washington Monument in theM background, or outside of Congressional office buildings With your
  - fellow advocates we love group photos! SnagMpictures when you reunite with advocacy friends orMwhenever you run in to another group on the Hill





# **DURING ADVOCACY CONT.**

Tips & tricks for how to increase awareness of neurofibromatosis and the NF Advocacy Program to use while in D.C. as an advocate:

- Post photos after your meetings on social media
  - Best platforms to post on: Facebook, Instagram, and
    Twitter
  - Make sure to tag NF Network in your post
    - NF Network social media handles:
      - Facebook: NeurofibromatosisNetwork
      - Instagram: @nfnetwork
      - Twitter: @nfnetwork
    - o Tip: Tag the representative you met with as well!
  - Use the hashtag #NFAdvocates
- Use fun emojis in your captions to catch people's attention! Some emoji inspiration:
  - When referencing awareness/NF: <a></a>













# THE BASICS

# AFTER ADVOCACY

Keep the momentum going by using these suggestions to continue growing support and awareness for the cause:

- Share your personal story/inspiration on social media
  - Explain why continued federal funding of NF research is important to YOU
  - Share how NF research has impacted you/your family directly
  - Share a special experience you had during the NF Advocacy Program
  - Use this as an opportunity to revisit the NF Advocacy Program with your friends/coworkers/followers: post it on social media or follow up to your original email to bring your advocacy journey full circle
- Inspire action by sharing how others can continue to urge
  Congress to provide financial support for NF research
  - Encourage others to reach out to their representatives and demand continued federal funding for NF research Share
  - resources that will make finding representatives and their contact information easy
    - Use this website to find your Congress members:
      https://www.congress.gov/members/find-your-member





# ADVANCED

Are you a social media maven who's looking to do even ~more~ than just the basics? Check out a couple more creative ideas to get a little more attention on your Advocacy 2024 posts:

- Post a selfie of your outfit of the day (#ootd) each day you're headed to meetings on the Hill
  - Include the hashtag #advocacyOOTD
  - Take a mirror selfie in your hotel or find an advocacy-related backdrop like a government building
- Post a "what's in my bag" picture
  - Have fun with it, but keep it relevant! Show a little personality, while still showing off information about NF and the importance of receiving federal funding for research
    - Grab a photo of your bag and its contents on a table or with a scenic backdrop. Examples of what to include:
      - Your padfolio/folder with resources The
      - resources/materials themselves (ex: brochures, flyers)
        - \*Nothing personal or confidential\*
      - Your coffee thermos
      - Sunglasses & accessories
      - Your lanyard
  - Use a creative hashtag or theme!
    - #justadvocacythings #myadvocacybag



